



CARE Patrol[™]
Your Partner In Senior Care Solutions



Senior Care Options with Care and Compassion

Senior Care Options: Inpatient Rehabilitation

From the CarePatrol Educational Series

WHAT IS A SENIOR REHABILITATION CENTER?

Provides rehabilitation to help those recovering from an injury or serious medical event to reduce pain and improve function for post-hospitalization recovery, cardiac, stroke and pulmonary rehab, strengthening, hip and knee replacements, pain management. Services can include:

- **Physical Therapy** to help improve mobility, balance, flexibility, increase strength and manage pain.
- **Occupational Therapy** to assist with activities of daily living (ADLs), use of adaptive equipment or fine motor skills.
- **Speech-Language Pathology Therapy** helps with conditions that affect communication, swallowing, or cognitive skills, such as attention or memory problems.

WHAT IS A INPATIENT REHABILITATION FACILITY (IRF)?

Provides intensive rehabilitation services for those recovering from a serious health condition such as, amputation who are able to tolerate three (3) hours of intense rehabilitation services per day. They also may offer specialized rehabilitation and patient assistance services. Conditions that may qualify, include:

- Amputation
- Brain and/or spinal cord Injury
- Burns
- Hip fracture/replacement
- Neurological disorders
- Stroke



PAYING FOR CARE

Medicare: Covers the cost of inpatient rehabilitation services if a physician has deemed that a patient's medical condition requires intensive rehabilitation, continued medical supervision, and coordinated care that comes from your doctors and therapists working together.

Note: There may be a three-day inpatient hospital stay requirement for Medicare to cover services in a skilled nursing facility.

Medicaid: Will pay for rehab if your family member meets the guidelines of the rehab facility's state about the type and amount of service needed.

Long Term Care Insurance: Will pay a specified amount for skilled nursing care for a specified number of years in one's lifetime. It's designed to help supplement your care and protect your assets by paying for the expenses.

Private Funds: Can be helpful if you don't qualify for or have Medicare, Medicaid, or Long Term Care Insurance. You can pay for costs by using your savings, income from pension plans, investments, and Social Security benefits.



Considering senior care options? We are your partner in the process. Contact us.



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